

Preparing for Adulthood for Children and Young People with SEND in Central Bedfordshire

This page is intended as a basic introduction to Preparing for Adulthood for parents and carers of children and young people with SEND. You will also find information about Preparing for Adulthood in Central Bedfordshire on the Central Bedfordshire Local Offer [here](#).

Chapter 8 of the [SEN Code of Practice](#) covers preparing for adulthood from the earliest of years.

There are certain '**Must Do's**' which are laid down in legislation with regards to preparing young people with special educational needs and disabilities for adulthood – further information on these can be found [here](#).

Preparing for Adulthood covers four broad main themes:

1. Employment – including Further Education & Training pathways
2. Friends Relationship & Community
3. Good Health
4. Independent Living

Employment / Further Education & Training

- Careers Advice
- Careers Advice with an EHCP (CBC Youth Services)
- Interviews & Job Seeking Support (Access to Work)
- Traineeships & Apprenticeships
- Supported employment & Internships
- Helping adults into work

Friends Relationship & Community

- Direct Payments
- Provision in Central Bedfordshire
- Keeping safe online

Independent Living

- Legal
- Housing
- Travel & Transport
- Money
- Care Assessments

Moving to Adult Social Care

As a young person approaches adulthood, they may require or continue to require social care input.

Planning “transition to adulthood,” or “preparing for adulthood (PFA)” should be a planned process across education, health and care for all young people and should be started in Year 9.

Further information on moving from children ‘s social care to adult social care can be found [here](#).

Chapter 8 of the [SEN Code of Practice](#) covers preparing for adulthood from the earliest years as further detail on Adult Social Care and Education, Health and Care Plans (EHCPs).

It’s important to remember that ***Social Care which “educates or trains” is to be treated as special educational provision*** and not social care provision (S 21 (5) CAFA, 2014).

Good Health

- Annual Health Checks
- Moving into adult health services
- Mental Health (including bullying)
- Physical Health
- Sexual Health
- Dental Health
- Help with paying for the cost of prescriptions

Useful Resources

Statutory Guidance:

[Special Educational Needs and Disability Code of Practice ‘The Code’
Care and Support Statutory Guidance](#)

Regulations :

[The Special Educational Needs & Disability Regulations 2014 ‘The SEN Regs’](#)

Legislation

[Children & Families Act 2014- Part III](#)

[The Children’s Act 1989 – Part III](#)

Further useful information and Websites

[Carers Uk](#)

[Contact](#)

[Cerebra – Useful parent guides](#)

[Citizens Advice](#)