

Neurodevelopmental Conditions **Information for Parents & Carers in Central Bedfordshire**

This page is intended as a basic introduction to Neurodevelopmental Conditions (medically termed Neurodevelopmental Disorders – NDD) for parents and carers of children and young people with SEND in Central Bedfordshire.

Neurodevelopmental Conditions include:

[ADHD](#)

[Autism](#)

[Dyslexia](#)

[Tics](#)

[Dyspraxia](#) (also termed as Developmental Coordination Disorder – DCD)

Clicking on the above highlighted links will provide you to helpful resources from The Luton & Bedfordshire Paediatric Teams and Central Bedfordshire Local Offer.

You will also find information further information on pathways for **diagnosis** in Central Bedfordshire [here](#) on the Central Bedfordshire Local Offer and information on **clinic wait times** [here](#).

SNAP Parent Carer Forum have also been involved with coproducing a **Diagnosis Support Pack (DSP)** for families following a diagnosis of a neurodiversity, which contains information, resources and signposting in a variety of media (videos, infographics, animations), split into 14 sections – from the positives of neurodiversity, to what to expect at your appointment, sleep, medication, and lots more. The pack can be found [here](#).

Pathological Demand Avoidance:

The Central Bedfordshire PDA Position Statement has been co-produced between Education, Health professionals and SNAP Parent Carer Forum to ensure a shared understanding of Pathological Demand Avoidance (PDA) and how best to support children with demand avoidant behaviours. Further information can be found on the Local Offer [here](#) and the full statement can be viewed [here](#).

Local Support Services:

Specialist Nursing Telephone Advice Clinics

The Community Paediatric Specialist Nursing Teams provide advice to families of children with additional needs and can offer support with sleep, behaviour, toileting and eating problems.

Tel: 01234 310271

Monday – Friday (except bank holidays) 09:30-11:30 and every Thursday 13.30-14.30

Early Help

Early Help, also known as ‘early intervention’, is support given to a family when difficulties first emerge. Early Help Assessments are non-statutory and can be carried out where a Local Authority thinks it would be beneficial to prevent needs escalating. Early Help Assessments can, however, be provided **at any stage** in a child or young person's life and do not require a professional to refer. Further information on Early Help in Central Bedfordshire can be found [here](#).

If you would like to speak to a social care worker about an assessment of support needs, please contact the **Access and Referral Hub** on:

Telephone: 0300 300 8585

Email: cs.accessandreferral@centralbedfordshire.gov.uk

Useful Resources:

[PDA Society](#)

[ADHD Foundation](#)

[British Dyslexia Association](#) also includes ++information on Dyscalculia

[Tourette's Action](#) also includes information on tics

[National Autistic Society](#)

[Autistic Girls Network](#)

[Autism Bedfordshire](#)

[Dyspraxia Foundation](#)